

Sacred Planetary Journey: A 9-Night Spiritual Retreat in Varanasi

An immersive experience connecting with divine energies through ancient Vedic rituals, temple visits, mantra chanting, and personalized Ayurvedic practices.



Day 1: Arrival & Welcome

Saturday

Settle into your sacred journey with a warm welcome and grounding introduction.

1

3:00 PM

Welcome & Check-in

Arrival at hotel, room assignment, and orientation

2

5:00 PM

Introduction to the Course

Overview of planetary energies, daily practices, and expectations

3

7:00 PM

Dinner with Conversations

Community meal with facilitators and fellow participants



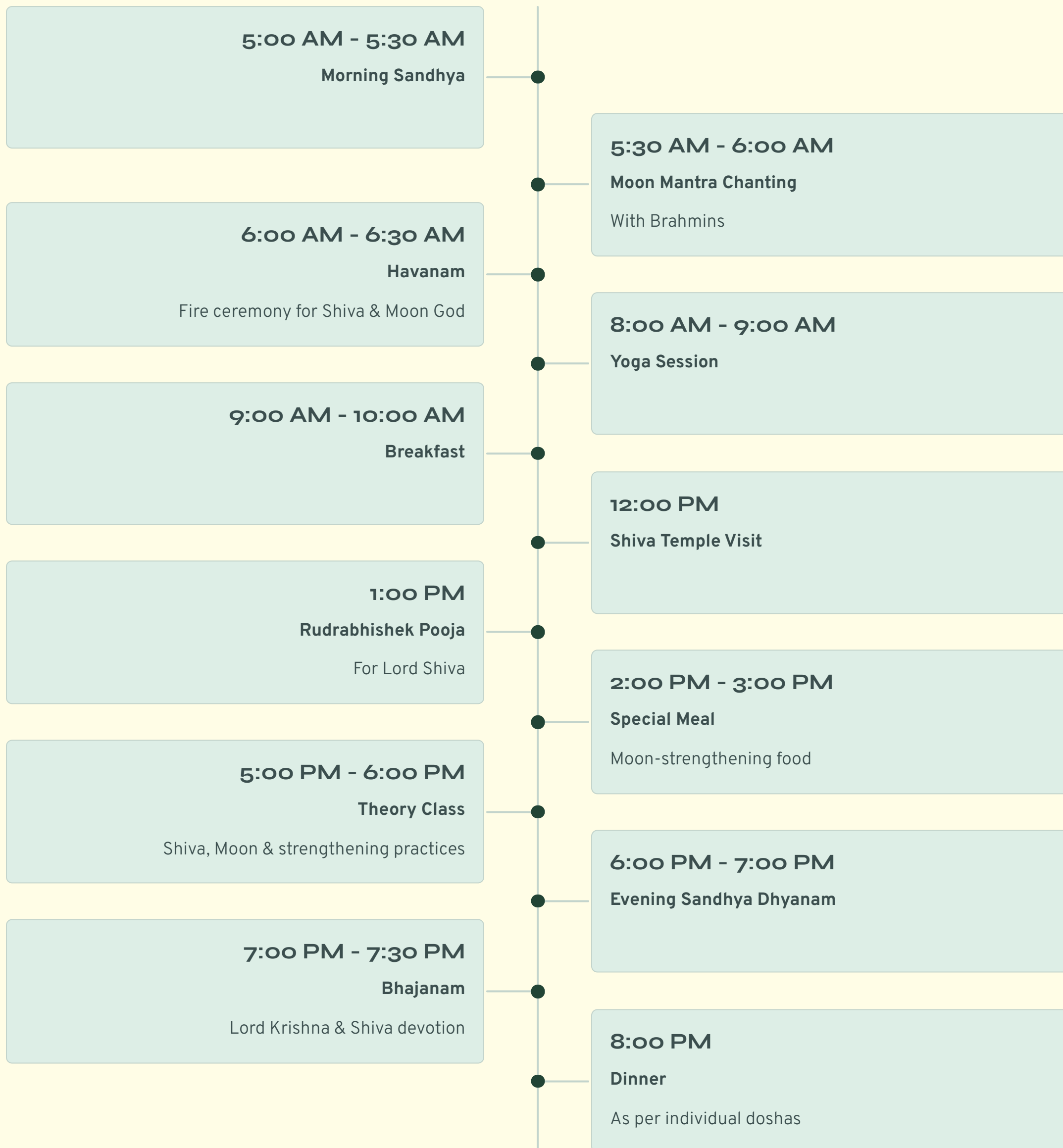
Day 2: Sunday - The Day of Surya (Sun God)

Attire Color: Red



Day 3: Monday - The Day of Shiva & Moon

Attire Color: White



Day 4: Tuesday - The Day of Mars (The Warrior)

Attire Color: Red



Day 5: Wednesday - The Day of Mercury (Wisdom)

Attire Color: Bright Green



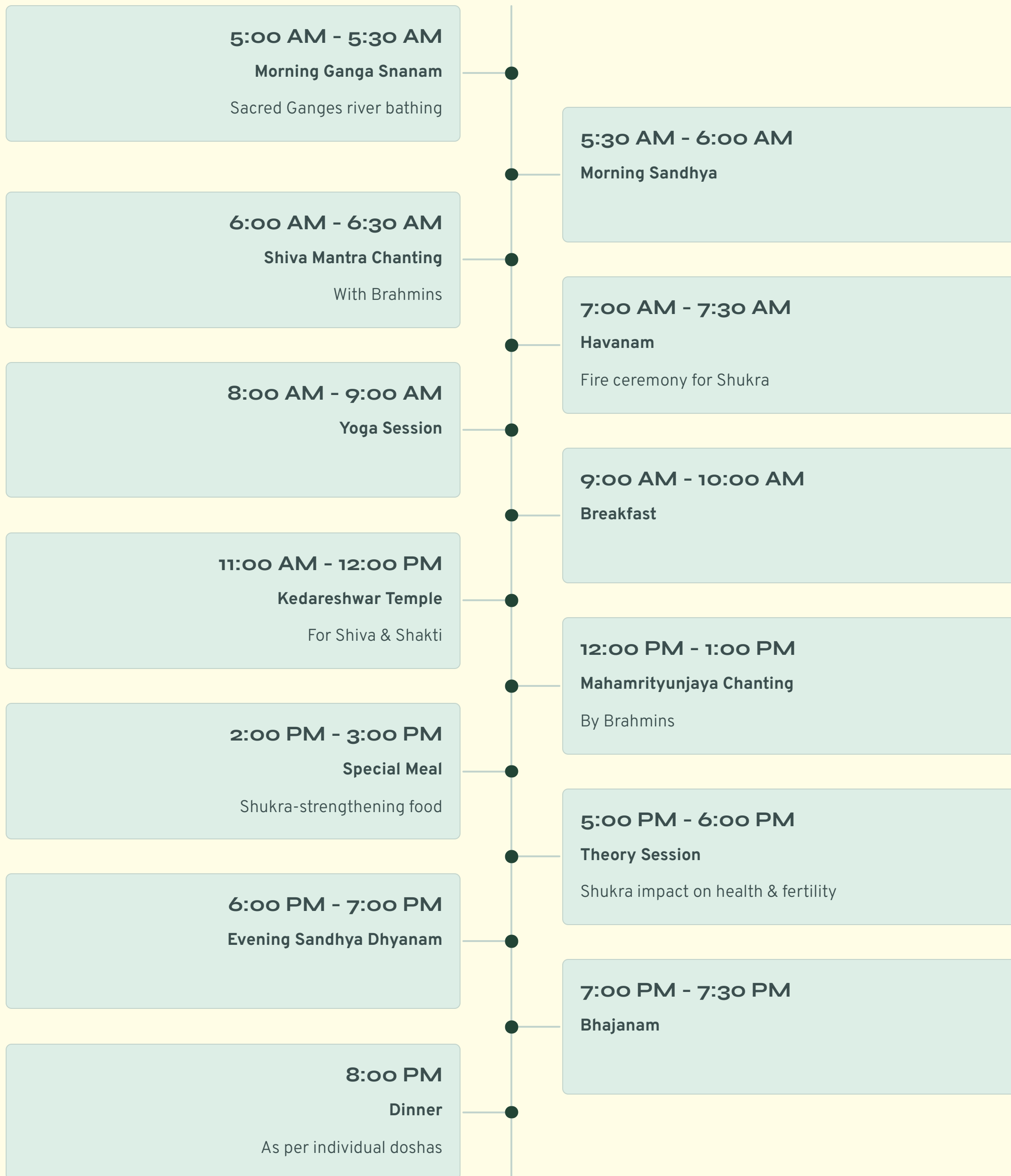
Day 6: Thursday - The Day of Jupiter (Wisdom)

Attire Color: Yellow



Day 7: Friday - The Day of Shukra (Venus)

Attire Color: Off White



Day 8: Saturday - The Day of Shani (Saturn)

Attire Color: Black



Day 9: Sunday - The Day of Rahu & Ketu (Shadow Planets)

Attire Color: Grey



Day 10: Departure Day

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|---|---|-----------------------------------|
| 01 | 02 | 03 |
| Morning Aarti & Boat Ride With Banarasi classical music | Bhajanam Final devotional session | Yoga Final yoga session |
| 04 | 05 | |
| Ayurvedic Indian Massage Complete your wellness journey | Lunch Final meal before departure | |